

Cabo del Sol 2022

PCL



2022 Instructions

Last year's 3rd year team declined from the World Series team of 2020, but still managed to tie (and then ultimately lose the one-game playoff) to Utah for the Central Division. In this new world of 3-4 year contracts, the Sun had many many needs to fill, and so must now be content to rebuild this year. They paid for Musgrove and to get Mookie back, and we'll see about the "prospect" picks. We will again try to run a strategy of sending out 4/5 pitchers per game in an effort to work through your platoons, but the short answer is: next year.

Hitting

Lineup 1, vs L		Lineup 3, vs. R	
6	Bogaerts	7	Rojas*
9	Betts	8	Betts
3	France	9	Naquin*
5	Pujols	6	Bogaerts
8	Slator	5	Peterson*
7	Thomas 1	3	France
4	Hampson	4	Lux*
2	McCann	2	Castro* 2
All Lys		All Rys	

Starting Line-ups

1 Josh Rojas starts in LF v Trevor Rogers, Alex Wood, Eric Lauer, and Max Fried

2 James McCann starts at catcher if your righty starter is 2L or more

Guidelines on Positions

- **C: James McCann** (375ab) starts against all Lys and those Rys where it is better to bat right. He is a late defensive option if we are leading. **Jason Castro** (149ab) is the compliment who picks up 30% of the starts when you must bat lefty; and he is a late lefty PH option. I will sub in McCann when your lefty comes in, but not the other way around.
- **1B: Ty France** (571ab) starts every game and does not come out. If injury, McCann or Pujols.
- **2B: Gavin Lux** (335ab) plays against righties, and **Garrett Hampson** (453ab) starts against lefties. See below "When your..." for sub advice.
- **SS: Xander Bogaerts** plays all day every day again this year and does not come out. Lux (with Rojas moving to 2b) if an injury.
- **3B: Jace Peterson** (259ab) starts against all righties, and ageless **Albert Pujols** (275ab) starts (yes, all 5e65 of him) starts v lefties
- **LF: Josh Rojas** (484ab) plays all day every day and does not come out except for injury. Lane Thomas (226ab) is the utility OF as well as some starts v lefties as well as a pinch runner.
- **CF: Austin Slator** (274ab) plays v lefties **Tyler Naquin** (411ab) starts against righties.

- **RF: Mookie Betts** (466ab) starts every game and does not come out
- **Usage Limitations:** Jason Castro comes out of any blowout

PLATOONS: Bogaerts, Betts and France never come out. Slator, Pujols, Hampson and Castro always come out when they get turned around. All others I would like to try to keep in as a general rule. If I am tied or losing in the last 3 innings, I will look at “compare” and PH for these other 7 payers, especially if your reliever is in his first three batters.

WHEN YOUR LEFTY STARTER EXITS THE GAME BEFORE THE 6TH See above

WHEN YOUR RIGHTY STARTER EXITS THE GAME BEFORE THE 6TH See above

Double-Switching

I like this option, but don’t see a lot of opportunity this year. We have lots o’ pitchers.

Defense Matrix – With a late lead (8th or 9th), if we are up by 1 or 2, bring in McCann for Castro at C, Thomas in LF and Slator in CF. No defensive changes if we are losing, tied or up by 3 or more.

MISCELLANEOUS

Pitcher hitting / Pinch hitting / Pinch running

- **Pitchers Hitting:** Pitchers sacrifice runners to second - even with two strikes. Pitchers sacrifice to 3B
- **Pinch Hit Guidelines:** Generally, use “compare”, but remember pitcher Justin Dunn who is a “4” hitter. We have only 13 position players so we may run out of bench occasionally.
- **Pinch Run:** Pitchers Musgrove, Gonsolin or Alzolay. Must be for tying or winning run and only for Pujols or one of the catchers.

Game Strategies

- **Typical stealing decisions:** Steal 2nd at 70%; 65% if the batter has a combined DP risk of 30 or more. Steal to 3rd at 75% (but don’t make 1st or 3rd out trying for 3B). Don’t try for the lead with any of the “3 or 6%ers”, and don’t run anyone where the pickoff risk is 10% or more.
- **Who to H&R and when:** Nope.
- **Sacrifice:** Sacrifice is only with pitchers and keep at it even if two strikes.
- **Squeeze Plays:** Not this year.
- **Scoring:** Same as your team. Run home at 65%, 60% if tying or leading run, 50% with two outs, 40% if weak hitter or pitcher coming up. If I am down 4 or more, hold the runner.
- **Advancing to 3B:** always try to tag up to go to 3B on a flyout unless the “out” percentage is more than 10%. Advance to 3B on singles at 65% unless it would be the 1st or 3rd out.
- **Trailers:** To second 50% and above, but to third at 65%. Send the trailer only when we are down by a run or tied, from the 7th inning on.
- **Throwing Guidelines:** Cut the throw off from the outfield early in the game unless runner is heading home with a safe chance at 60% or. Let the throw through even if the runner is as high as 65% with two outs and the 8th or 9th hitter is due up.
- **Defense:** Always get the sure out on Defense Option plays, unless runner represents the go-ahead run and his safe chance is 40% or less. Same with the trailing runners.
- **Intentional Walks:** Use your best judgment. There are some comments under certain pitchers below. I will do it with 2 outs to get to a pitcher, and I also see lots and lots of boppers this year (I see that as being at or over “16” combined between HRs and diamonds). Doesn’t help to walk someone if you have two in a row.

Pitching

Pitching Rotation

LOOK HERE!!!!

ROAD GAMES YOU PLAY				Home Games – I Play				
Opp.	Game #1	Game #2	Game #3	Game #1	Game #2	Game #3		
BAG	Musgrove	Anderson	Flexen	Anderson	Gomber	Dunn		
PBC	Gomber	Flexen	Dunn	Gomber	Flexen	Dunn		
SBM	Musgrove	Anderson	Gomber	Gomber	Flexen	Dunn		
SCT	Musgrove	Anderson	Flexen	Gomber	Flexen	Dunn		
SDB	Musgrove	Anderson	Gomber	Musgrove	Anderson	Dunn		
UTP	Musgrove	Anderson	Gomber	Musgrove	Anderson	Gomber		
PHB	Musgrove	Anderson	Flexen	Musgrove	Anderson	Gomber		
CDS	XXXXXXXX	XXXXXXXX	XXXXXXXX	XXXXXXXXXX	XXXXXXXXXX	XXXXXXXXXX		
CHI	Musgrove	Anderson	Flexen	Gomber	Flexen	Dunn		
AGN	Musgrove	Anderson	Flexen	Musgrove	Gomber	Dunn		
STL	Musgrove	Anderson	Flexen	Gomber	Flexen	Dunn		
VBS	Musgrove	Anderson	Flexen	Gomber	Flexen	Dunn		
Divisional Games – ROAD GAMES				Divisional Games – Home Games				
Opp.	Game #1	Game #2	Game #3	Game #4	Game #1	Game #2	Game #3	Game #4
SDB	Musgrove	Anderson	Gomber	Flexen	Musgrove	Anderson	Gomber	Flexen
UTP	Musgrove	Anderson	Gomber	Flexen	Musgrove	Anderson	Gomber	Flexen
PHB	Musgrove	Anderson	Gomber	Flexen	Musgrove	Anderson	Gomber	Flexen

Starts: Musgrove (20); Flexen (20); Anderson (20); Gomber (20), Dunn (10)

Starters Summary

Five-man rotation, with innings limits for Gomber and Dunn. So, we'll have a very active pen in the 2nd half of those games (more pen discussion below).

Ian Anderson 128 IP	He is our #2 starter. Both he and Musgrove go until dots, or in the 7 th or later if I am tied or losing and I need a PH. (Anderson limit is 7innings, and I will manage home innings if needed)
Joe Musgrove 181 IP	#1 Starter. Same as Anderson, but no innings limit.
Chris Flexen 180 IP	#3 starter, also goes 20 times. Beginning in the bottom of the 6 th or later, if you have a string of righties coming up, he becomes "batter-by-batter" and consider yanking him for
Austin Gomber 115 IP	#4 LEFTY starter also will go 20 times. You should think quick hook in the 5 th or 6 th if you have lefty mashers coming up. 6 inning max, but PH for him in top of 6 th if we are tied or losing. Out if dots.
Justin Dunn 50 IP	#5 starter will go 10 times, but not on the road so instructions not needed. 5 inning limit.

Bullpen

The core 6 relievers (not including Alzolay's 126 IP) have 315 innings between them, and the point of having 7 relievers is to maximize the "2 out of 3 matchup" ending with several relievers in each game. I am perfectly willing to switch any time after the required 3 batters, or after each inning, or particularly to get the last out in a crucial inning. All these pitchers (except Steck and Garcia) should be viewed as 1-inning relievers unless they cruise through an inning and the next looks like a good matchup for them. I would also like to try to go back and forth from Ly to Ry each switch as possible. This is a pile of situational pitchers without a real firm traditional role.

Closer	Drew Steckenrider (68 IP) can come in with any lead in the 8 th or 9 th .
Righty gets the Ry	Sam Coonrod (42 IP) is the best option, but innings limits mean he should be limited to 2 innings per series. Adbert Alzolay (126 IP) can go middle in a situational role against a slew of righties, but he should try to avoid facing two lefties unless he is mopping, or unless the rest of the pen is wasted. These two are the best options as first in for Anderson, Gomber or Flexen.
Righty gets the Ly	Tony Gonsolin (56 IP) and Archie Bradley (51 IP). I prefer Bradley in the small parks. These two are good options as first in for Musgrove.
Lefties	Drew Pomerantz (26 IP and more "loogy'ish) and Jarlin Garcia (69 IP and better balance) are the Ly options. These two are good options as first in for Musgrove or Dunn. I prefer Pomerantz to be an early option to end an inning or shut down a couple of tough lefties. One inning'ish per series. Garcia has more innings and better balance so he can go beyond an

	inning either mid game or late. Would be nice to avoid righthanded lefty mashers in tiny parks. The object with both is to face at least 2 of 3 lefty batters. I can live with facing a lefty masher, but not two in an inning.
Long/Mop	Alzolay

You're going to have to hit the Lys and/or the "long/mops" if you go to the pen early. Just try to keep switching them back and forth to get to the 7th or 8th.

Have fun! Buenos dias!